





# Alfalfa concentrate: natural shrimp color enhancer

1 April 2006 By Hervé Lucien-Brun and Frederic Vidal

### Feeding trial evaluates natural and less expensive alternative

Alfalfa concentrate: natural shrimp color enhancer - Responsible Seafood Advocate



Attractive coloration in cooked shrimp influences the purchasing choices of both commercial buyers and consumers.

The demand for cooked shrimp in retail markets is increasing in most of the main importing countries in Europe. In France, over 50 percent of imported shrimp are sold as cooked and chilled head-on. The demand for cooked, chilled shrimp is also increasing in Spain, the United States, Australia, and even Japan.

Supply to these main markets is also increasing, requiring shrimp producers and exporters to improve the quality control of their products. The aesthetic characteristics of products are among the first criteria that influence shrimp buyers.

### Market importance of coloration

The reddish color of cooked shrimp is one of the most attractive attributes and important quality criteria for most consumers. Unfortunately, farmed shrimp are sometimes slightly underpigmented, resulting in pale coloration.

Color is one of the major factors considered in price determinations. For example, Indian white shrimp (*Penaeus indicus*), from the Middle East are an excellent product, yet are often rejected by French and Spanish industrial cookers because they are too pale. The same problem occurs with some lightly pigmented Pacific white shrimp (*P. vannamei*).

### **Enhancing coloration**

Wild-caught shrimp are generally well pigmented because their diets supply pigments through ingestion of microalgae and zooplankton. In farmed shrimp, pigment deficiencies can be due to the species, farming conditions, or deficiency in pigment precursors in the raw materials used in aquafeeds.

Various natural products rich in carotenoids, such as spirulina, paprika, or synthetic astaxanthin, have been tested in various commercial feeds to enhance shrimp color. However, the cost of including these products can be high.

One natural – and less expensive – alternative to effectively enhance shrimp pigmentation is to include in shrimp feed an alfalfa concentrate known as Pigmentech, which is produced by the dehydration of this forage crop. The process involves water extraction, heat, and physical handling. Recent trials evaluated the effects of this alfalfa concentrate on shrimp coloration when incorporated into shrimp feed.

Ingredient	Diet T	Diet A	Diet B
Fishmeal	30.0%	30.0%	30.0%
H FPC	3.0%	3.0%	3.0%
Soybean meal	10.0%	10.0%	10.0%
Yeast	5.0%	5.0%	5.0%
Wheat	38.0%	34.0%	30.0%
Cod liver oil	3.0%	3.0%	3.0%
Lecithin	2.0%	2.0%	2.0%
Rovimix	2.0%	2.0%	2.0%
NoHP0 <sub>4</sub>	1.0%	1.0%	1.0%
CaC0 <sub>3</sub>	0.5%	0.5%	0.5%
CaHPO <sub>4</sub>	0.5%	0.5%	0.5%
Wheat gluten	5.0%	5.0%	5.0%
Alfalfa concentrate	0%	4.0%	8.0%
Analysis			
Moisture	10.9%	9.3%	10.6%
Protein	34.0%	34.5%	39.5%
Lipids	8.8%	9.7%	9.9%
Ash	8.4%	8.5%	8.8%

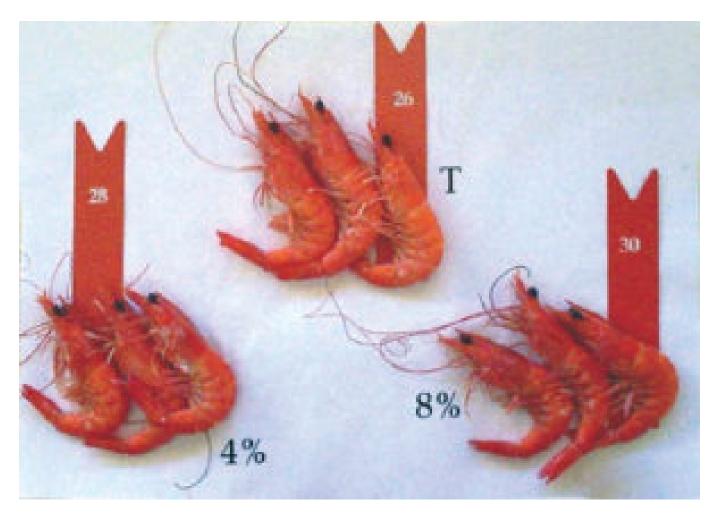
#### Lucien-Brun, Composition of diets, Table 1

Table 1. Composition of diets tested during the feeding trial.

#### **Feeding trial**

Dr. Gerard Cuzon and coworkers at IFREMER in French Polynesia carried out a trial with Pacific blue shrimp (*Penaeus stylirostris*) fed finishing diets during the last month of grow-out that included the alfalfa concentrate at inclusion rates of 4 and 8 percent with six replicates. A control diet contained no concentrate. The compositions of the experimental diets, which had somewhat different levels of protein and lipids, are shown in Table 1.

The experiment was conducted in clear-water tanks under controlled water quality conditions. The animals were individually weighed at the start of the trial and fed 3-4 times per day at about 5 percent biomass daily.



Higher standardized coloration index values reflected the higher inclusion of alfalfa concentrate in the tested shrimp feeds.

On days 7 and 21, six shrimp per treatment and sampling were immersed in boiling water for three minutes and placed on a black and/or white area to evaluate coloration using the Roche index, which assigns higher values for more intense coloration. Shrimp color was evaluated by a team of 10 people.

On day 7, there was no statistical difference between treatments. On day 21, however the shrimp fed the diets with alfalfa concentrate had significantly enhanced coloration after cooking. The average Roche indices were 26.4 for animals fed the control diet, 28.3 for the diet with 4 percent alfalfa concentrate, and 30.2 for the diet with 8 percent concentrate (Fig. 1).

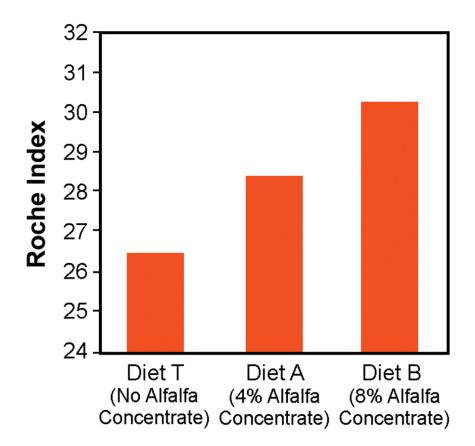


Fig. 1: Effects of alfalfa concentrate in feed on shrimp coloration.

The alfalfa concentrate also improved animal performance, particularly weigh gain (Fig. 2), possibly due to the high digestibility of alfalfa protein and its high content of natural antioxidants and essential fatty acids. No differences were observed between diets in terms of molting rate or survival.

Fig. 2: Effects of alfalfa concentrate in feed on shrimp growth.

#### **Carotenoid content**

A second trial in Tahiti by O. Berticat of the University of Montpelier, France, and R. Castillo and G. Nègre-Sadargues of IFREMER described the nature of the pigments involved in shrimp coloration after bioconversion.

Three six-animal batches (T, A, and B) of shrimp from the first trial were deep frozen at -80 degrees C, while another sample batch (P) was collected from earthen culture ponds at a semi-intensive farm in-Tahiti. Qualitative analyses of the levels of carotenoids in the shell, epidermis, and hepatopancreas of the individual shrimp were carried out by chromatography.

Tables 2 and 3 show the results of these analyses, with an evident increase of carotenoid concentrations in the epidermis and hepatopancreas of shrimp from batch T to batch B. The results explained the better coloration and demonstrated the biometabolism of the alfalfa extract carotenoids into natural astaxanthin. With very low concentrations of carotenoids, the shrimp shells were essentially translucent, while the epidermis had higher levels of pigments. These concentrations correlated well with pigment levels present in food. Pigment contents in the hepatopancreas also showed some significant individual variations.

## Lucien-Brun, Concentration of carotenoids in the tissues of sampled shrimp, Table 2

	No. Shrimp	Q (µg)	C (µg/g)
Shrimp Shell			
Diet T (0% alfalfa conc.)	5	0.6 ± 0.1	18.7 ± 10.8
Diet A (4% alfalfa conc.)	6	0.7 ± 0.2	12.2 ± 2.3
Diet B (8% alfalfa conc.)	6	0.8 ± 0.3	20.8 ± 10.7
P (Farmed shrimp)	6	0.8 ± 0.4	13.9 ± 6.3
Shrimp Epidermis			
Diet T (0% alfalfa conc.)	5	24.8 ± 2.6	510 ± 141
Diet A (4% alfalfa conc.)	6	32.8 ± 12.1	890 ± 221
Diet B (8% alfalfa conc.)	6	42.2 ± 4.8	1,383 ± 318
P (Farmed shrimp)	6	27.8 ± 9.9	781 ± 235
Shrimp Hepatopancreas			
Diet T (0% alfalfa conc.)	6	18.0 ± 10.0	28 ± 15
Diet A (4% alfalfa conc.)	6	81.0 ± 66.0	119 ± 95
Diet B (8% alfalfa conc.)	6	104.0 ± 78.0	156 ± 115
P (Farmed shrimp)	6	340.0 ± 90.0	1,144 ± 520

Table 2. Concentration of carotenoids in the tissues of sampled shrimp during trial to evaluate pigment content.

## Lucien-Brun, Distribution of astaxanthin in the hepatopancreas and epidermis, Table 3

	Diet T (0% alfalfa conc.)	Diet A (4% alfalfa conc.)	Diet B (8% alfalfa conc.)
Hepatopancreas			
Free astaxanthin	43.9%	31.9%	29.4%
Monoester astaxanthin	8.7%	24.8%	24.0%
Diester astaxanthin	12.0%	15.0%	18.0%
Total astaxanthin	64.6%	71.7%	71.4%
Epidermis			
Free astaxanthin	48.4%	55.3%	48.5%
Monoester astaxanthin	17.1%	18.6%	26.4%
Diester astaxanthin	18.4%	12.3%	10.9%
Total astaxanthin	83.9%	86.2%	85.8%

Table 3. Distribution of astaxanthin in the hepatopancreas and epidermis of sampled shrimp.

Results also showed that the cultured blue shrimp fed pellets supplemented with alfalfa concentrate absorbed the pigment in the feed well. These shrimp showed higher pigment concentrations than those of the pond-raised shrimp.

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